

RESIDENTIAL RECOVERY, REDEFINED

Our Fort Lauderdale campus offers a non-traditional Level I residential program designed for adults with higher-acuity psychiatric symptoms or co-occurring substance use disorders. We provide stabilization, thorough evaluation, and evidence-based treatment in a structured, supportive environment.

Part of the broader Lifeskills continuum of care, this location offers:

- 24/7 nursing and clinical support
- A closely supervised, tranquil setting
- Private outdoor spaces and an on-site pool
- Chef-prepared meals tailored to clients' nutritional needs

WHAT WE TREAT

- **Content thought disorders**, including obsessive-compulsive disorder (OCD), delusional disorders, and bipolar disorder
- **Formal thought disorders**, including Schizophrenia, Schizoaffective Disorder, and Substance-Induced Psychotic Disorder
- **Personality disorders**, including Borderline Personality Disorder (BPD) with Extreme/Chronic Distress
- **Mood disorders**, including Major Depressive Disorder and Major Anxiety with Panic Disorder

CLINICAL PATHWAYS

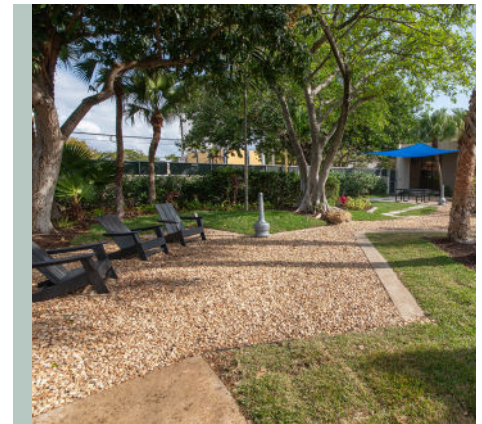
- Acute Psychiatric Care/Medical Support
- Substance Use Disorders
- Cognitive Behavioral Therapy (CBT)
- Managing OCD
- Metabolic Fitness



ADMISSIONS MADE SIMPLE

Our experienced admissions team is here to guide individuals and families every step of the way, ensuring a smooth transition into care that fits both clinical and financial needs. Here's how it works:

1. Initial call – To begin the admissions process, we gather clinical and financial information to determine eligibility and request medical records.
2. Phone assessment – If appropriate, we schedule a clinical phone assessment with the client or designee.
3. Placement – If it's determined that Lifeskills is the right clinical and financial fit, we'll secure an admissions date.
4. Referral support – If Lifeskills is not deemed the appropriate placement, we'll provide referrals to high-quality, trusted providers that align with your clinical and financial needs.



“As a leading dually licensed provider of care for complex psychiatric and substance use disorders, we recognized the growing need for residential treatment in South Florida. Expanding our continuum of care in Fort Lauderdale allows us to meet better the acute needs of those we serve.”

Sheryl Gross
Director of Clinical Services

Lifeskills
BEHAVIORAL HEALTH

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[LifeskillsSouthFlorida.com](https://www.LifeskillsSouthFlorida.com)

Call Admissions Today
917.540.2899